



EGG FREEZING EXPECTATIONS

What does the egg freezing process involve?

Egg freezing involves a fertility evaluation as a first step. Along with a history and physical, you typically will see a reproductive endocrinologist on day 3 of your period for blood work and a transvaginal ultrasound to assess your hormone levels.

During your egg freezing cycle, your fertility doctor will prescribe injectable medications that you will administer to stimulate your ovaries to produce and mature more eggs. This process is called ovarian stimulation.

When your eggs have reached a certain mature size, your fertility healthcare team will perform a minor surgical procedure called an egg retrieval to collect your eggs.

Once your eggs have been retrieved, the mature eggs will be vitrified (rapidly frozen) and stored securely with your fertility center.

What if I'm bleeding heavily on day 3 of my period and have a transvaginal ultrasound scheduled?

Menstrual bleeding on day 3 of your cycle is completely expected and it's not a problem to proceed with a transvaginal ultrasound. It's a good idea to bring extra pads/tampons/menstrual cup so you're prepared after your ultrasound.

How costly are these injectable medications?

Depending on insurance benefits, you may be eligible for some coverage for the prescription portion of your cycle. The team at Metro Integrative Pharmacy can help maximize your benefits and if you self pay, Metro offers various finance options and money-saving programs. Give them a call at 212.794.7200.

